



Submitted by Salty Wahine Gourmet Hawaiian Sea Salts LLC

Roasted Potatoes or Root Vegetable Medley (Hawaiian Rub)

Ingredients:

4 potatoes and your favorite root vegetable, if desired, such as carrots, parsnips, beets, radish and sweet potatoes; cut into 1-inch cubes

1 sweet onion, sliced

1/2-cup olive oil

1/4-cup Salty Wahine Gourmet Hawaiian Sea Salts **Hawaiian Rub**

Directions:

Put olive oil and half of the Hawaiian Rub in bowl. Add potatoes and onion and toss until coated. Transfer to 9" x 13" pan. Bake at 350 degrees for ½ hour, stir and add other half of Hawaiian Rub , adding more olive oil if needed. Bake for another ½ hour till outside of potatoes are crisp and inside is soft. OR wrap in tin foil and grill till done, aprox 1 hour

